Capital District Central Office, (CDCO)

SAMPLE CALLS in June 2026

The Central Office received 74 phone calls during June 2026. Beneath that cold number are these seven times when our AA volunteer's hand was there when a hand reached out for help:

06/03/2026, 12:52 p.m. A caller was looking for information about where to buy Alcoholics Anonymous literature. Our volunteer said he could come to the office to purchase that literature and gave him the CDCO hours of operation, address and directions.

06/05/2026, 00:58 a.m. A caller just wanted to chat. She has been sober for 30 years but had some trouble that made it difficult to get out to meetings. She was distressed but said she felt better after talking.

06/07/2026, 4:40 p.m. A man was looking for meetings in South Plainfield NJ. Our volunteer explained that we serve the area around Albany, NY and are familiar with meetings in our Area. The volunteer then went online and located the NJ intergroup website and gave the caller a few meetings, the intergroup website and 24 hour phone number. He was very appreciative of our help.

06/10/2026, 7:45 p.m. A caller was looking for a solution to alcoholism that does not involve AA meetings. Our volunteer chatted with him for a while and let him know he could call us anytime.

06/13/2026, 10:06 p.m. An AA member stopped by looking for a printed meeting schedule for District 18. Our volunteer printed a list of meetings off the Area website and gave it to the AA member. Additional copies were made for future use.

06/14/2026, 3:07 p.m. A person with three years of sobriety slipped. Our volunteer encouraged her to not give up and to try again. The person said they would be going to a meeting that night.

06/27/2026, 11:15 p.m. An inmate from a correctional facility in western NY wrote a letter asking how she could get set up in recovery once she is released into this Area this fall. Our volunteer contacted the D5 hotline and passed the information along to a "Bridging the Gap" volunteer.